Jean-Jacques Rousseau, from On the Social Contract (1762), Bk. II Ch. 7 "The Legislator:"

"Whoever dares undertake to establish a people's institutions must feel himself capable of changing, as it were, human nature, of transforming each individual, who by himself is a complete and solitary whole, into a part of a larger whole, from which, in a sense, the individual receives his life and his being, of substituting a limited and mental existence for the physical and independent existence. He has to take from man his own powers, and give him in exchange alien powers which he cannot employ without the help of other men."