The melancholy science from which I make this offering to my friend relates to a region that from time immemorial was regarded as the true field of philosophy, but which, since the latter's conversion into method, has lapsed into intellectual neglect, sententious whimsy and finally oblivion: the teaching of the good life. What the philosophers once knew as life has become the sphere of private existence and now of mere consumption, dragged along as an appendage of the process of material production, without autonomy or substance of its own. He who wishes to know the truth about life in its immediacy must scrutinize its estranged form, the objective powers that determine individual existence even in its most hidden recesses. To speak immediately of the immediate is to behave much as those novelists who drape their marionettes in imitated bygone passions like cheap jewellery, and make people who are no more than component parts of machinery act as if they still had the capacity to act as subjects, and as if something depended on their actions. Our perspective of life has passed into an ideology which conceals the fact that there is life no longer.

But the relation between life and production, which in reality debases the former to an ephemeral appearance of the latter, is totally absurd. Means and end are inverted. A dim awareness of this perverse quid pro quo has still not been quite eradicated from life. Reduced and degraded essence tenaciously resists the magic that transforms it into a façade. The change in the relations of production themselves depends largely on what takes place in the 'sphere of consumption', the mere reflection of production and the caricature of true life: in the consciousness and unconsciousness of individuals. Only by virtue of opposition to production, as still not wholly encompassed by this order, can men bring about another more worthy of human beings. Should the appearance of life, which the sphere of consumption itself defends for such bad reasons, be once entirely effaced, then the monstrosity of absolute production will triumph.

Nevertheless, considerations which start from the subject remain false to the same extent that life has become appearance. For since the overwhelming objectivity of historical movement in its present
phase consists so far only in the dissolution of the subject, without yet giving rise to a new one, individual experience necessarily bases itself on the old subject, now historically condemned, which is still for-itself, but no longer in-itself. The subject still feels sure of its autonomy, but the nullity demonstrated to subjects by the concentration camp is already overtaking the form of subjectivity itself. Subjective reflection, even if critically alerted to itself, has something sentimental and anachronistic about it: something of a lament over the course of the world, a lament to be rejected not for its good faith, but because the lamenting subject threatens to become arrested in its condition and so to fulfil in its turn the law of the world’s course. Fidelity to one’s own state of consciousness and experience is forever in temptation of lapsing into infidelity, by denying the insight that transcends the individual and calls his substance by its name.

Thus Hegel, whose method schooled that of Minima Moralia, argued against the mere being-for-itself of subjectivity on all its levels. Dialectical theory, abhorring anything isolated, cannot admit aphorisms as such. In the most lenient instance they might, to use a term from the Preface to the Phenomenology of Mind, be tolerated as ‘conversation’. But the time for that is past. Nevertheless, this book forgets neither the system’s claim to totality, which would suffer nothing to remain outside it, nor that it remonstrates against this claim. In his relation to the subject Hegel does not respect the demand that he otherwise passionately upholds: to be in the matter and not ‘always beyond it’, to ‘penetrate into the immanent content of the matter’.1 If today the subject is vanishing, aphorisms take upon themselves the duty ‘to consider the evanescent itself as essential’. They insist, in opposition to Hegel’s practice and yet in accordance with his thought, on negativity: ‘The life of the mind only attains its truth when discovering itself in absolute desolation. The mind is not this power as a positive which turns away from the negative, as when we say of something that it is null, or false, so much for that and now for something else; it is this power only when looking the negative in the face, dwelling upon it.’

The dismissive gesture which Hegel, in contradiction to his own insight, constantly accords the individual, derives paradoxically

2. Phänomenologie des Geistes, p. 36 (The Phenomenology of Mind, p. 93).
enough from his necessary entanglement in liberalistic thinking. The conception of a totality harmonious through all its antagonisms compels him to assign to individuation, however much he may designate it a driving moment in the process, an inferior status in the construction of the whole. The knowledge that in pre-history the objective tendency asserts itself over the heads of human beings, indeed by virtue of annihilating individual qualities, without the reconciliation of general and particular – constructed in thought – ever yet being accomplished in history, is distorted in Hegel: with serene indifference he opts once again for liquidation of the particular. Nowhere in his work is the primacy of the whole doubted. The more questionable the transition from reflective isolation to glorified totality becomes in history as in Hegelian logic, the more eagerly philosophy, as the justification of what exists, attaches itself to the triumphal car of objective tendencies. The culmination of the social principle of individuation in the triumph of fatality gives philosophy occasion enough to do so. Hegel, in hypostasizing both bourgeois society and its fundamental category, the individual, did not truly carry through the dialectic between the two. Certainly he perceives, with classical economics, that the totality produces and reproduces itself precisely from the interconnection of the antagonistic interests of its members. But the individual as such he for the most part considers, naively, as an irreducible datum – just what in his theory of knowledge he decomposes. Nevertheless, in an individualistic society, the general not only realizes itself through the interplay of particulars, but society is essentially the substance of the individual.

For this reason, social analysis can learn incomparably more from individual experience than Hegel conceded, while conversely the large historical categories, after all that has meanwhile been perpetrated with their help, are no longer above suspicion of fraud. In the hundred and fifty years since Hegel’s conception was formed, some of the force of protest has reverted to the individual. Compared to the patriarchal meagreness that characterizes his treatment in Hegel, the individual has gained as much in richness, differentiation and vigour as, on the other hand, the socialization of society has enfeebled and undermined him. In the period of his decay, the individual’s experience of himself and what he encounters contributes once more to knowledge, which he had merely obscured as long as he continued unshaken to construe himself positively as the
dominant category. In face of the totalitarian unison with which the eradication of difference is proclaimed as a purpose in itself, even part of the social force of liberation may have temporarily withdrawn to the individual sphere. If critical theory lingers there, it is not only with a bad conscience.

All this is not meant to deny what is disputable in such an attempt. The major part of this book was written during the war, under conditions enforcing contemplation. The violence that expelled me thereby denied me full knowledge of it. I did not yet admit to myself the complicity that enfolds all those who, in face of unspeakable collective events, speak of individual matters at all.

In each of the three parts the starting-point is the narrowest private sphere, that of the intellectual in emigration. From this follow considerations of broader social and anthropological scope; they concern psychology, aesthetics, science in its relation to the subject. The concluding aphorisms of each part lead on thematically also to philosophy, without ever pretending to be complete or definitive: they are all intended to mark out points of attack or to furnish models for a future exertion of thought.

The immediate occasion for writing this book was Max Horkheimer's fiftieth birthday, February 14th, 1945. The composition took place in a phase when, bowing to outward circumstances, we had to interrupt our work together. This book wishes to demonstrate gratitude and loyalty by refusing to acknowledge the interruption. It bears witness to a dialogue intérieur: there is not a motif in it that does not belong as much to Horkheimer as to him who found the time to formulate it.

The specific approach of Minima Moralia, the attempt to present aspects of our shared philosophy from the standpoint of subjective experience, necessitates that the parts do not altogether satisfy the demands of the philosophy of which they are nevertheless a part. The disconnected and non-binding character of the form, the renunciation of explicit theoretical cohesion, are meant as one expression of this. At the same time this ascetic should atone in some part for the injustice whereby one alone continued to perform the task that can only be accomplished by both, and that we do not forsake.